



INTERNATIONAL WEEK: FUTURE LEADERS - virtual JULY 25th TO JULY 30th, 2021

DISCOVER AND DEVELOP YOUR PERSONAL LEADERSHIP QUALITIES

WHY PARTICIPATE?

The world is changing rapidly. Today, more than ever, it calls for authenticity, transparency and leading from the heart.

True qualities of leadership cannot be learned from a book and they do not only concern people in management positions. Leadership concerns all of us.

To 'lead' your life successfully, you need to think, speak and act in harmony with who you are. True leadership challenges us to be authentic at all times. It takes courage and practice: The courage to abandon social masks and the constant drive to be authentic, no matter what.

The objective of the international week is to learn how to lead yourself and others in a most holistic way – using body, mind and heart – and help others achieve their greatest possible potential. A potential that can be measured in personal wellbeing, and that will thus naturally result in professional success.

WHAT, WHERE, HOW?

The international school unites students from different universities worldwide and offers the possibility to develop your personal leadership qualities.

You can expect not only a traditional teaching of leadership theories or concepts, but also a very personal approach to better understand your unique leadership potential. To lead others, you need to be able to lead yourself – to know your strengths and embrace your weaknesses.

The program is strongly personal development oriented and requires you to be open minded and ready to work on yourself. You will for example learn how to understand and deal with emotions in a constructive way. Emotions contain important information and provide a powerful way to understand yourself and others.



CONTACT & APPLICATION:

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ORGANISATION & INSCRIPTION

Participation Fee: free for students

Selection process: Limited to 20 places. Please send a 1-page CV and a 1-page motivation letter.

ECTS: 2 CP

Location: online

Equipment: working webcam and microphone

PROGRAM

Sunday (1): Opening: What makes a leader?

Monday (2): Leadership & Emotional Intelligence: The systemic leadership tool »The King's & Queen's Play«

Tuesday (3): Leadership & Emotional Intelligence

Wednesday: BREAK

Thursday (4): Leadership Panel– Guestpeakers talking about their leadership experiences

Friday (5): Leading as (a) woman & Closure of event

Reflection: 5-page reflection statement

YOUR TRAINERS

Sabine Mueller, PhD

Therapist, coach, innovation consultant. Sabine is a professional leadership trainer in France and possesses 15 years of international experience in accompanying individuals and groups towards their highest potential. www.sabinemueller.fr

Paulina Weber, MA

Intercultural trainer and facilitator. As an intercultural trainer, she loves to work and learn together with people from different cultures.

Gudrun Bolduan, MA

Career adviser and coach. Gudrun has 20 years of experience in marketing and the career development field.

Date: 25th July – 30th July 2021

Time: mornings & late afternoon, CEST (UTC+2)

Instructors: Paulina Weber , Gudrun Bolduan, Dr. Sabine Müller

Creditpoints: 2 CP

Requirements to receive credit:

→ attendance at 100 % of the sessions with working equipment

→ reflection paper (5 pages)